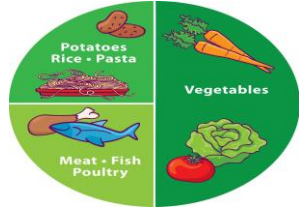


**CHITIMACHA TRIBAL  
SCHOOL MEALS  
PROVIDE YOU WITH  
MORE HEALTHIER  
CHOICES**



**VEGETABLES YOU CAN EAT PER DAY!!!!**

Our Salads are a combination of Spinach Romaine, Iceberg, Tomatoes, Purple Cabbage & Carrots

Our Stack of Trim is Iceberg Lettuce, Tomatoes, & Pickle Slices

Half the Grains we serve for Breakfast are Whole Wheat/Whole GRAIN  
HALF THE GRAINS WE SERVE FOR LUNCH are Whole Wheat/Whole Grain.

FRESH AND CANNED FRUIT SERVED DAILY for Breakfast and Lunch

Choice of 100% Juice and Milk Served Daily for Breakfast

CHOICE OF MILK FOR LUNCH

WG=WHOLE GRAIN

Breakfast 2019

May 6 -May 24

<b>MONDAY May 6</b> BISCUITS/JELLY 2OZ SAUSAGE PATTY 1 FRUIT CUP 1/2C MILK 1C JUICE 1/2C	<b>TUESDAY May 7</b> EGGS 2 OZ hashbrowns 1 ea. fruit cup 1/2c MILK 1C JUICE 1/2C	<b>WEDNESDAY May 8</b> PANCAKES ON STICK YOGURT 1 EA. FRUIT CUP 1/2C MILK 1C JUICE 1/2C	<b>THURSDAY May 9</b> WG CEREAL 1 EA. POPTARTS 1 EA. FRUIT CUP 1/2C MILK 1C JUICE 1/2C	<b>FRIDAY May 10</b> FRENCH TOAST STICK SAUSAGE PATTY 2oz fruit cup 1/2c milk 1c juice 1/2c
<b>MONDAY May 13</b> WGPancakes/syrup Yogurt 1 ea. Fruit cup 1/2c Milk 1c Juice 1/2c	<b>TUESDAY May 14</b> Breakfast pizza 1 ea Grits Fruit cup 1/2c Milk 1c	<b>WEDNESDAY May 15</b> Biscuits /jelly sausage Patty 2oz Fruit cup 1/2c Milk 1c	<b>THURSDAY May 16</b> WG Cereal 1c Cinnamon Toast Fruit cup 1/2c Milk 1c	<b>FRIDAY May 17</b> Cinnamon Rolls Sausage patty 2oz Fruit cup 1/2c Milk 1c Juice 1/2c
<b>MONDAY May 20</b> Managers Choice	<b>TUESDAY May 21</b> Managers Choice	<b>WEDNESDAY May 22</b> Managers Choice	<b>THURSDAY May 23</b> Managers Choice	<b>FRIDAY May 24</b> Last Day of school
		Summer Break		

|

|

|