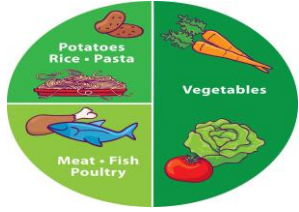


**CHITIMACHA TRIBAL
SCHOOL MEALS
PROVIDE YOU WITH
MORE HEALTHIER
CHOICES**



VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach Romaine, Iceberg, Tomatoes, Purple Cabbage & Carrots

Our Stack of Trim is Iceberg Lettuce, Tomatoes, & Pickle Slices

Half the Grains we serve for Breakfast are Whole Wheat/Whole GRAIN
HALF THE GRAINS WE SERVE FOR LUNCH are Whole Wheat/Whole Grain.

FRESH AND CANNED FRUIT SERVED DAILY for Breakfast and Lunch

Choice of 100% Juice and Milk Served Daily for Breakfast

CHOICE OF MILK FOR LUNCH

WG=WHOLE GRAIN

May 6-May 24

LUNCH

2019

MONDAY May 6	TUESDAY May 7	WEDNESDAY May 8	THURSDAY May 9	FRIDAY May 10
SALSBURY STEAK 2OZ MASH POTATOE1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2OZ MILK1C JUICE 1/2C	CHICKEN NUGGETS FRIES 1/2C CARROTS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2OZ MILK 1C	JAMBALYA 2 OZ BLACKKEY PEAS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2 OZ MILK 1C	Hamburgers 20z Fries 1/2c SALAD Trim 1/2c FRUIT CUP 1/2C MILK 1C HB Buns 20z	Beef Lasagna 2oz Rolls 2oz. GREEN BEANS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C MILK 1C JUICE 1/2C
MONDAY May 13	TUESDAY May 14	WEDNESDAY May 15	THURSDAY May 16	FRIDAY May 17
Sausage Creole 2oz. WG RICE 1/2C Blackeye peas 1/2c tossed salad 1/2c fruit cup 1/2c roll 2 oz milk 1c JUICE 1/2C	Pork Chops 20z Mash potatoes 1/2c carrots 1/2c SALAD CUP 1/2C FRUIT CUP 1/2C roll 2 Oz MILK 1C	Red Beans/Sausage Rice 1/2c Roll 2oz SALAD CUP 1/2C FRUIT CUP 1/2C MILK 1C	BEEF STROGNÖFF GREEN BEANS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2OZ MILK 1C	Taco Soup 2oz. Corn chip cup 10z Cheese cup 10z Salad cup 1/2c fruit cup 1/2c Roll 20z. Milk 1c Juice 1/2c
MONDAY May 20	TUESDAY May 21	WEDNESDAY May 22	THURSDAY May 23	FRIDAY May 24
managers choice milk 1c Juice 1/2c	managers choice MILK 1C	managers choice MILK 1C	managers choice MILK 1C	Managers choice last day of School
HAVE	A	Fun	And	Happy
	Summer		Break	