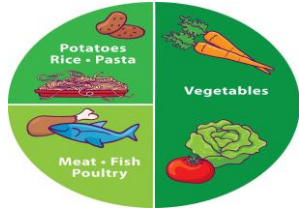


# MAY BREAKFAST

**CHITIMAGHA TRIBAL  
SCHOOL MEALS  
PROVIDE YOU WITH  
HEALTHIER CHOICES**



VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach Romaine, Iceberg, Tomatoes, Purple Cabbage & Carrots

Our Stack of Trim is Iceberg Lettuce, Tomatoes, & Pickle Slices

Half the Grains we serve for Breakfast are Whole Wheat/Whole Grain  
HALF THE GRAINS WE SERVE FOR LUNCH are Whole Wheat/Whole Grain.

FRESH AND CANNED FRUIT SERVED DAILY for Breakfast and Lunch

Choice of 100% Juice and Milk Served Daily for Breakfast

CHOICE OF MILK FOR LUNCH

WG=WHOLE GRAIN

<b>MONDAY MAY 7</b> pancakes/syrup SAUSAGE PATTY 1OZ FRUIT CUP 1/2 C  JUICE 1/2C MILK 1 C	<b>TUESDAY MAY 8</b> FRENCH TOAST 3 EA. HAM 1 OZ. FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>WEDNESDAY MAY 9</b> EGGS 2 OZ HASHBROWNS FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>THURSDAY MAY 10</b> WG CEREAL 1 EA. POPTARTS 1 EA. FRUIT CUP 1/2C  JUICE 1/2C MILK 1 C	<b>FRIDAY MAY 11</b> BISCUITS/JELLY SAUSAGE 1OZ FRUIT CUP 1/2C  JUICE 1/2C MILK 1C
<b>MONDAY MAY 14</b> PANCAKE ON STICK GRITS 1/2C FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>TUESDAY MAY 15</b> BREAKFAST PIZZA YOGURT 1 EA. FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>WEDNESDAY MAY 16</b> EGGS 2 OZ. WG TOAST/JELLY FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>THURSDAY MAY 17</b> WG CEREAL 1 EA. POPTARTS 1 EA FRUIT CUP 1/2C  JUICE 1/2C MILK 1C	<b>FRIDAY MAY 18</b> CINNAMON ROLLS 1 SAUSAGE PATTY 1OZ FRUIT CUP 1/2C  JUICE 1/2C MILK 1C
<b>MONDAY MAY 21</b>  MANAGER'S CHOICE  FRUIT CUP 1/2 C MILK 1 C	<b>TUESDAY MAY 22</b>  MANAGER'S CHOICE  FRUIT CUP 1/2C MILK 1 C	<b>WEDNESDAY MAY 23</b>  MANAGER'S CHOICE  FRUIT CUP 1/2C MILK 1 C	<b>THURSDAY MAY 24</b>  MANAGER'S CHOICE  FRUIT CUP 1/2C MILK1C	<b>FRIDAY MAY 25</b>  MANAGER'S CHOICE  LAST DAY OF SCHOOL
		HAVE  A  GREAT  SUMMER		