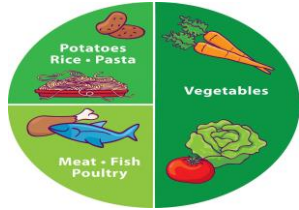


MAY LUNCH

**CHITIMAGHA TRIBAL
SCHOOL MEALS
PROVIDE YOU WITH
HEALTHIER CHOICES**



VEGETABLES YOU CAN EAT PER DAY!!!!

Our Salads are a combination of Spinach Romaine, Iceberg, Tomatoes, Purple Cabbage & Carrots

Our Stack of Trim is Iceberg Lettuce, Tomatoes, & Pickle Slices

Half the Grains we serve for Breakfast are Whole Wheat/Whole GRAIN
HALF THE GRAINS WE SERVE FOR LUNCH are Whole Wheat/Whole Grain.

FRESH AND CANNED FRUIT SERVED DAILY for Breakfast and Lunch

Choice of 100% Juice and Milk Served Daily for Breakfast

CHOICE OF MILK FOR LUNCH

WG=WHOLE GRAIN

MONDAY MAY 7 CHICKEN STEW 20Z RICE 1/2C POTATO SALAD 1/2C FRUIT CUP 1/2C ROLL 20Z MILK 1C JUICE 1/2C	TUESDAY MAY 8 CHEESEBURGERS FRIES 1/2C WG BUN 2 OZ SALAD TRIM FRUIT CUP 1/2C MILK 1C	WEDNESDAY MAY 9 JAMBALYA 2 OZ BLACK EYED PEAS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2 OZ MILK 1C	THURSDAY MAY 10 PEP. PIZZA CORN 1/2C SALAD CUP 1C FRUIT CUP 1/2C COOKIE 1 MILK 1C	FRIDAY MAY 11 HAM 20Z MAC N CHEESE 1/2C SWEET POTATO 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2 OZ MILK 1C JUICE 1/2C
MONDAY MAY 14 CORN DOGS 20Z TOTS 1/2C SALAD CUP 1/2C CORN 1/2C FRUIT CUP 1/2C MILK 1C JUICE 1/2C	TUESDAY MAY 15 BAKED CHICKEN 20Z CHEESY POTATO 1/2C GREEN BEANS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 20Z MILK 1C	WEDNESDAY MAY 16 CHICKEN NUGGETS TOTS 1/2C MAC N CHEESE 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 2 OZ MILK 1C	THURSDAY MAY 17 BEEF STEAK PATTIES MASHED POTATOES /WITH GRAVY 1/2C SALAD CUP 1C FRUIT CUP 1/2C ROLL 2 OZ. MILK 1C	FRIDAY MAY 18 GROUND BEEF SPAGETTI CARROTS 1/2C SALAD CUP 1/2C FRUIT CUP 1/2C ROLL 20Z MILK 1C JUICE 1/2C
MONDAY MAY 21 MANAGERS CHOICE FRUIT CUP 1/2C MILK 1C	TUESDAY MAY 22 MANAGERS CHOICE FRUIT CUP 1/2C MILK 1C	WEDNESDAY MAY 23 MANAGERS CHOICE FRUIT CUP 1/2C MILK 1C	THURSDAY MAY 24 MANAGERS CHOICE FRUIT CUP 1/2C MILK 1C	FRIDAY MAY 25 MANAGERS CHOICE FRUIT CUP 1/2C MILK 1C
		HAVE A GREAT SUMMER		