

# RiverCane



## SENIOR PROGRAM BULLETIN

September 2017

428 Chitimacha Loop  
Charenton, LA 70523  
Office: (337) 923-4114  
RiverCane Director: Kim Cook  
kimb@chitimacha.gov or (337) 579-7172 - Cell

### Staff

Kim Cook: Director  
Candy Marcotte: Cook  
Connie Broussard: Assistant Cook  
Ed Burgess: Maintenance Worker

Hours of Operation :  
Mon. - Fri. (except holidays)

Wednesday Breakfast:  
7:30 a.m. to 8:30 a.m.

Daily Lunch:  
10:45 a.m. to 12:00 p.m.

### Special Updates/News/Announcements:

#### Inside this issue:

Monthly Meal Menu	2
Calendar of Events	3
Survey Results	4

- ◆ The Chitimacha Health and Human Services Department will be hosting its monthly Diabetes Support Group with Margo Price on Wednesday, September 27th, during breakfast in the RiverCane dining room. This group is open to the community involving those with Diabetes and those caring for or having relatives with Diabetes.
- ◆ Due to Tropical Storm Harvey, we had to cancel our “Remember When” Photo Session last month, We anticipate on hosting one this month but it will be announced at a later date.
- ◆ Tribal Elders, if you are not a regular diner, please call us at least 24 hours in advance to let us know that you will be coming in to dine or pick up your meal. Also, if you need to cancel, please let us know at least 24 hours in advance as well.

# September Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fried Shrimp Fried Mushrooms Roll Dessert
4 Closed in Observance of Labor Day!	5 Hamburger Steak Macaroni & Cheese Mixed Vegetables Dessert	6 **Breakfast Meatball Spaghetti Sweet Pea Salad Garlic Bread Dessert	7 Baked Pork Chops Rice Dressing Coleslaw Dessert	8 Tuna Sandwiches Chips Dessert
11 Red Beans & Rice Smoked Sausage Corn Bread Dessert	12 Smothered Pork Loin Lima Beans Rice Beets Dessert	13 **Breakfast Sausage Creole Rice Green Beans Dessert	14 Baked Ham Blackeye Peas & Rice Yams Roll Dessert	15 Shrimp Stew Rice Devilled Eggs Dessert
18 Taco Soup Chips Dessert	19 Fried Chicken Cheesy Potatoes Baked Beans Dessert	20 **Breakfast Lasagna Garlic Bread Peas Dessert	21 Barbeque Ribs Rice Dressing Green Salad Dessert	22 Fried Catfish on a Bun Tater Tots Dessert
25 Smothered Beef Roast w/Potatoes and Carrots Rice & Dinner Roll Dessert	26 Baked Chicken White Beans Rice Mustard Greens Dessert	27 **Breakfast Baked Pork Loin Broccoli & Cheese Casserole Beets Dessert	28 Meatloaf Macaroni & Cheese Mixed Vegetables Dessert	29 Shrimp Etouffee Rice Corn Dessert
<u>Breakfast Menu:</u> 06: Grits, Fried Eggs, Ham, Bacon and Biscuit	13: Oatmeal, Scrambled Eggs, Bacon, Sausage, and Fruit	20: Pancakes, Bacon, Sausage, Scrambled Eggs, and Raisin Toast	27: Grilled Cheese, Scrambled Eggs, Bacon & Sausage	Please Note: Menu is subject to change at anytime.

**Calendar of Events  
September**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<b>Please Note: Activities are subject to change at anytime.</b>					Happy Birthday Dana Ruiz	Happy Birthday Georgia Hurst
	3	4	5	6	7	8
	Closed in Observance of Labor Day!	Quarter Bingo 12:00 p.m.	Tribal Bingo! 12:00 p.m.  Happy Birthday Connie Mora	Shopping Day: To Walmart & Raintree Market		Happy Birthday Lonnie Martin
10	11	12	13	14	15	16
Happy Birthday Monica Bernard	Happy Birthday Barbara Lambert  Quarter Bingo 12:00 p.m.	Happy Birthday Alfred Crochet	Happy Birthday James Bernard	Shopping Day: To Walmart & Raintree Market		Happy Birthday Keith Segura
17	18	19	20	21	22	23
	Quarter Bingo 12:00 p.m.			Shopping Day: To Walmart & Raintree Market	Happy Birthday Sheila Gaddy  Happy Birthday Josephine Hurst  Happy Birthday Countice LeBlanc	
24	25	26	27	28	29	30
	Happy Birthday Judy Bobbitt  Happy Birthday Carla Newman  Quarter Bingo 12:00 p.m.		Happy Birthday Cory Compton  Happy Birthday Darlene Toups  Diabetes Bingo after Breakfast	Shopping Day: To Walmart & Raintree Market	Happy Birthday Vernon Higgins	Happy Birthday Gwendolyn Murray

## Program Services Survey Results

**Out of approximately 80 surveys we sent out last month, we received 10 back. The results are:**

**Favorite Dishes we have served here at RiverCane.**

**The top six (6) favorite dishes are:**

- ◆ Most Favorite - Fried Chicken
- ◆ Lasagna and Vegetable Soup (Tie)
- ◆ Gumbo, Fried Shrimp, and Taco Soup (Tie)

**Other favorite dishes included:** Shrimp Etouffee, Turkey Dinner, Hamburger, PoBoy, Barbeque Ribs, Smothered Chicken, Fried Fish, Boiled Crawfish, Red Beans, Macaroni & Cheese and Ham, Turkey & Gravy, Barbeque Ribs without the sauce, Hamburger Steak & Creamed Potatoes, Ham & Cheese PoBoy, Boiled Seafood, Ribeye Steaks, Sandwiches, Chili, Smothered Potatoes, and Seafood Gumbo. One individual stated that all are good.

**Least Favorite Dishes included:** Corn, Red Beans & Rice, Soup, Tuna Fish, Chocolate, Sandwich, Store bought cookies in the pack, Anything with Tony's, Roast Beef PoBoys, Raw Onions with Food, Seafood and Rice, Chicken Fried Steak, Peas & Eggs, Mustard Greens, Taco Soup, Sausage Creole, Hamburgers, and Hotdogs with Chili. One individual stated that "It don't matter" and another stated, "Not a Picky Eater."

**Items We Should Serve More of:** The top two (2) were Vegetable Soup and Smothered Potatoes. Other items included: Round Steak & Gravy, Baked Chicken, Taco Soup, Fried Crawfish Tails, Barbeque Ribs, Blackened Catfish, Apple Pie, Macaroni & Cheese and Ham, Shrimp Spaghetti, Shrimp, Brown Rice, Some Vegetables need to be cooked longer, Fried Shrimp, Sandwiches, Finger Foods, Ribeyes, Pork Chops, Fresh Fruit, Smothered Steak with Brown Gravy, Fried Chicken, and Individual Pizza. One individual stated "Any" and another stated, "Not a Picky Eater."

**Activities:**

- ◆ Three people stated they wanted to eat out more and have more social gatherings.
- ◆ Two people stated they wanted to have exercise sessions again.
- ◆ Two people stated they wanted more Bingo.
- ◆ Two people stated they wanted to do Pokeno.
- ◆ Walks at the park and have picnics.
- ◆ Hide Easter Eggs for the kids at the Daycare.
- ◆ Movies.

**Other Comments:**

- ◆ Just keep up the good work and I think all the food is alright.
- ◆ Thank you all for taking good care of us.
- ◆ Ham with color.
- ◆ Tray with potatoes.
- ◆ No Sandwich on Wednesdays, we used to get meals.
- ◆ It seems we don't need menu cause it's never the same.
- ◆ The food has been delicious and not so overly seasoned. Most older people have stomach issues and have problems eating the peppered food. We thank you for working so hard to provide these meals for us.
- ◆ I think all of you do a wonderful job giving elders quality of food and services. Keep up the good work!
- ◆ Doing a fine job, thank you.

<b>Service &amp; Environment</b>	
<b>If Delivery, is the food delivered in a timely fashion?</b>	
4	Yes
0	No
0	Varies Each Day
<b>Is the Center clean and inviting?</b>	
10	Yes
0	No
0	Varies Each Day
<b>Health Conditions we may have to consider:</b>	
5	Heart Problems
6	Diabetes
1	Food Allergies (Did Not Specify)
0	Other

We would like to thank everyone who participated in the survey. It is very important to us to provide quality services to each and every one of you. This information will allow us to better the program. It is definitely not too late to give us your input on the program and/or services, we also welcome negative reviews just so we can improve in our goal to provide the best services to you. Please do not hesitate to contact me if you feel there are areas in the program that needs improvement. We understand that not everyone is in favor of some of the menu items, so we will try to serve the least favorite dishes at a minimum since others still enjoy them. I would like to respond to the comment about the menu never being the same, although we definitely anticipate on serving you the meals stated on the calendar, sometimes things are beyond our control with the delivery truck or sometimes, items are not in stock when we order it, however, it is our goal to keep the menu as it is as much as possible. We will also try to serve wholesome meals on Wednesdays and not just sandwiches. Also, in response to the Ham with color, I will definitely talk to our wholesale distributor in getting a quality ham.

As always, we definitely appreciate your compliments and hope we can continue to meet your expectations.

Sincerely,

Kim Cook  
RiverCane Senior Director